



August 10, 2006

**www.yumaheat.org**

The Heat's internet home is the place to go for complete team information ! Sandshark information is located on the *Sandshark* page of the website.

**Contact Information**

Mail: 10475 Mountain Drive, Yuma, AZ 85367

Phone: 928-580-7404

E-mail: andersen@yumaheat.org

**This is going to be quick !**

- **Yuma Heat will resume practice on Monday, August 14<sup>th</sup>.** Times are listed below.
- **THE BIG RAFFLE** ends on Saturday, August 12<sup>th</sup> (items will be raffled at the conclusion of the IVSL Championship Meet – approximately 11:30 AM).
- **Sandsharks !** The Heat wants you !!! If you enjoyed the summer, consider joining the Yuma Heat. A brochure is available at the pool, or check out our website ([www.yumaheat.org](http://www.yumaheat.org)).
- **IVSL Championship !** Saturday, August 12<sup>th</sup>. Events are posted at Kennedy Pool. 7 AM Warm Up / 8 AM Start. Parents, your help will be needed on Saturday. Be prepared ! The current time line has us done by Noon.

**Practice Variations**

Here's the deal ... the high schools are using Marcus Pool, the city still has open swim at Kennedy, and lessons continue for another week or two at Carver Pool, so ... the following schedule will get us through the next couple of weeks. This schedule is for August 14 – August 25 only !!! Changes after the 25<sup>th</sup> will be minor, but there will be changes.

All practices will be held at Kennedy Pool.

Red 1	4-5 PM	Coach Andersen
Red 2	5-6 PM	Coach Tate
Red 3	4-5 PM	Coach Tate
Orange 1	5-6 PM	Coach Andersen
Orange 2 & 3	4-6 PM	Coach Curtis
Senior	4-6 PM	Coach Andersen

- Crane Schools do not release until 4 PM. Red 1 and Red 3 swimmers that can not get to the pool by 4 PM should swim with the Red 2's at 5 PM. The Orange 2 & 3 group will focus on Dry-Land from 4-4:30, hitting the water at 4:30 PM, so even those arriving late will get the full water workout.
- Most of those that swam last winter will know their practice group. Those new to the Heat will not ! Talk with Coach Andersen or Coach Tate about the group that's right for you.

## **The Big Raffle**

In order to keep our monthly fees reasonable, the team needs to generate approximately 30% of its budget from fund raising. These fund raisers are an opportunity for swimmers to fund our program with other peoples money ! So how will the team generate this money ? A REALLY BIG RAFFLE ! Everyone ... Heat and Sandsharks swimmers alike ... need to support this project. Raffle ticket booklets will be available at practice (Lyn Carroll or Anna Curiel).

The prizes are GREAT and the tickets should sell easily. Please do your part ... we can do this !

**Lets finish the summer like champions !**