

Yuma Heat's

# News Splash

August 30, 2007

## [www.yumaheat.org](http://www.yumaheat.org)

The Heat's internet home is the place to go for complete team information !

## Contact Information

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## Practice Variations

Monday, September 2

No Practice - Labor Day

## Practice Groups

With the new season come new group assignments. The full roster is listed below. The new groupings, and new practice times will begin on Tuesday, September 3.

Red / Red One

4:00-4:45 PM

Monday - Friday

Armijo, Jaeda M		F	5	
Chavez, Ven L		M	6	
Claridge, Javan B		M	6	
Dunn, Caden C		M	6	
Gill, Abigayle E		F	7	
Wiley, Lulu D		F	10	
Miranda		F		
Michael		M		
Molly		F		
Christian		M		
			<b>Athlete Count</b>	<b>10</b>

**Red / Red Two****4:45-5:45 PM****Monday - Friday**

Armijo, Mckenzi R		F	7	
Chavez, Izzy G		F	8	
Eckard, Matthew E		M	8	
Fair, Vanessa I		F	7	
Fair, Veronica A		F	8	
Gill, Rebecca R		F	9	
Gill, Sarah J		F	9	
Knappen, Maya F		F	8	
Osborn, Talen L		M	5	
Santos, Julie S		F	8	
Timm, Noah D		M	8	
Tunell, Sydney J		F	6	
Demi		F		
Nate		M		
Madeline		F		
Mary Clair		F		
			<b>Athlete Count</b>	<b>16</b>

**Red / Red Three****4:00-5:00 PM****Monday - Friday**

Armijo, Mia C		F	9	
Authery, Tiffany G		F	9	
Bernardo, Sophia C		F	10	
Cardinal, Josephine J		F	9	
Maryniak, Darian C		M	10	
McBride, Reyn P		M	10	
Osborn, Kempton S		M	8	
Pena, Aaron		M	10	
Pena, Tori M		F	8	
Sheppard, Tirzah D		F	10	
Timm, Isaac D		M	9	
Turner, Trenton L		M	10	
			<b>Athlete Count</b>	<b>12</b>

**Orange / Orange One & Two      5:45-7:00 PM      Monday - Friday**

Higuera, Victor		M	13	
Howell, Desiree L		F	13	
Howell, Morgan B		M	11	
Beeler, Amy C		F	11	
Casares, Heather L		F	12	
Chavez, Lorenzo L		M	11	
Dahl, Haylee J		F	11	
Maryniak, Drayke N		M	12	
McNutt, Kaycee J		F	12	
Osborn, Logan T		M	10	
Russell-Cheung, Danny S		M	11	
Russell-Cheung, Sarah K		F	11	
Sheppard, Shamaal O		M	12	
Grace		F		
			<b>Athlete Count</b>	<b>14</b>

**Orange / Orange Three      5:00-7:00 PM Monday - Friday / 8:00-10:00 AM Saturdays**

Alameda, Melanie A		F	13	
Corbin, Ryan J		M	12	
Curtis, Alex J		M	11	
Daniel, Bethany E		F	11	
Edmondson, Augustina M		F	12	
Flores, Ariel R		F	10	
Frabasilio, Nick C		M	11	
Gould, Anna E		F	10	
Gould, George A		M	12	
Hieber, Emily L		F	13	
Hodgin, Kayla N		F	13	
Kaba, Jesse L		F	11	
Keough, Ryan P		M	13	
Roberts, Jessica T		F	13	
Russell-Cheung, Andrew K		M	13	
Williams, Chace L		M	13	
			<b>Athlete Count</b>	<b>16</b>

**Senior & High School****5:30-7:00 AM Monday - Friday / 8:00-10:00 AM Saturdays**

Curtis, Ryan M		M	14	
Frabasilio, Myriah L		F	15	
Hobbs, Ashton B		F	15	
Eckard, Mitchell J		M	15	
Esch, Erik D		M	14	
Peters, Sean T		M	14	
Russell-Cheung, Jacob S		M	16	
Houston		M		
			<b>Athlete Count</b>	<b>8</b>

**Masters****5:30-7:00 AM Monday - Friday & 8:00-10:00 AM Saturdays**

Eckard, Troy E		M	42	
Ray, Steven M		M	34	
			<b>Athlete Count</b>	<b>2</b>

## Meet Info

A preliminary schedule is listed below. The first meets are solid ... it get's shakier as the season progresses (the Arizona calendar has not been approved beyond December).

## Meet Recap

[Katelyn Weddle](#) swam in the Speedo Junior National Championships earlier this month in Indianapolis, Indiana. She is the first swimmer from Yuma to reach this level in two decades ! While her first event (200 Breaststroke) was less than spectacular, she bounced back in the 100 Breast two days later finishing 22<sup>nd</sup> !! Her time of 1:13.26 is not only a new club record, but is faster than the 2007 USA Senior National Qualifying time !!! Katelyn finished ahead of all other Arizona swimmers in the event !!!! Congratulations !!!!

## Apparel

Troy Maryniak will be ordering Team Parkas and Team Swim Bags very soon. These items are pre-ordered (he will not maintain an inventory of these items), so see Troy NOW if you are interested.

As always, Troy has team suits, practice suits, and goggles available every day at the pool.

## Fall Practice Schedule

### September 3 through September 29 / Kennedy Pool

Red 1	4-4:45 PM	Monday through Friday
Red 2	4:45-5:45 PM	Monday through Friday
Red 3	4-5 PM	Monday through Friday
Orange 1 & 2	5:45-7 PM	Monday through Friday
Orange 3	5-7 PM	Monday through Friday
	8-10 AM	Saturday
Senior	5:30-7 AM	Monday through Friday
	8-10 AM	Saturday
Masters *	5:30-7 AM	Monday through Friday

\* All Mondays at Marcus Pool

### October 1 through November 2 / Rainbow and Marcus Pools

Red 1	4-4:45 PM	Monday through Friday	Rainbow
Red 2	4:45-5:45 PM	Monday through Friday	Rainbow
Red 3	4-5 PM	Monday through Friday	Rainbow
Orange 1 & 2	5:45-7 PM	Monday through Friday	Rainbow
Orange 3	5-7 PM	Monday through Friday	Rainbow
	8-10 AM	Saturday	Marcus
Senior	5:30-7 AM	Monday through Friday	Marcus
	8-10 AM	Saturday	Marcus
Masters	5:30-7 AM	Monday through Friday	Marcus

## Preliminary Meet Schedule

Date	Meet	Location	Eligible/Standards
<b>September</b>			
15	Mini-Meet	Marcus Pool	All
28-30	WST Invitational	SW YMCA, Goodyear	All/NTS
<b>October</b>			
13	Mini-Meet	Marcus Pool	All
<b>November</b>			
9-11	"AB" Invitational	San Diego, CA	SoCal "B"
8	Mini Meet	Marcus Pool	All
16-18	Senior Trials & Finals	SW YMCA, Goodyear	Seniors/NAG "BB"
29-Dec 1	Short Course Nationals	Atlanta, GA	Senior/Nationals
<b>December</b>			
6-9	Holiday Fest	Chandler HS, Chandler	AZQ
22	Mini Meet	Marcus Pool	All
<b>January</b>			
12-13	"B/C" Invitational	San Diego, CA	sub SoCal "A"
<b>February</b>			
8-10	12 & Under "ABC"	Chula Vista, CA	All 12 & Unders
<b>March</b>			
5-9	Sectional Championships	Federal Way, WA	Senior/SEC

Time standards can be found on our website's *Swimmer's Page*.

NTS = No Time Standard

Nationals = Short Course National Standards

AZQ = Arizona "Q" Times

SoCal = Southern California Time Standards

SEC = Sectional Standards

NAG = National Age Group Standards